



From  
**€113**  
per person

## Experience

# Wellness

*Take advantage of your stay to relax and align your body and mind. Join yoga classes in our gardens, choose one of the massages offered in this experience and breathe in the tranquility of Pedras d'el Rei.*

## Included:

- Two nights' accommodation for 2 people
- Breakfast
- 1 Group yoga class
- 1 Foot Reflexology massage or Local Massage or Craniofacial Massage

## Terms and conditions:

- Two nights minimum stay
- Subject to availability
- Group Yoga Classes
- Non-refundable rate



**Pedras del Rei**  
*Feel free to relax.*

Bookings

+351 281 380 034

reservas@pedrasdelrei.com

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**Pedras d'el Rei**

*Feel free to relax.*



## Just the Activity

## Wellness

### Massage

*Choose one of the following massages:*

*Foot Reflexology or Local Massage or Craniofacial Massage*

- €30
- Duration: 30 minutes

### Yoga

*Join us in the gardens by the pool for a group yoga class where the energy is always positive.*

- *Tuesdays, Thursdays and Saturdays*
- *Time: 9:15 am (11:30 am on Saturday)*
- *Duration: 1 hour (approximately)*

#### Terms and conditions:

- 3 - day advance booking needed for massage
- Subject to availability
- Group Yoga class free of charge for our clients.

